



TWR  
WOMEN  
OF HOPE

# Uniting our hearts in prayer



SUSIE PEK WITH AFRICAN LEADERS

## Shining hope in Benin

The light and love of Jesus Christ can break through and shine in even the darkest circumstances. This happened in the life of Leila, a woman who lives in a rural village in Benin.

Leila's village is deeply rooted in patriarchal cultural norms in which a woman's social worth is tightly coupled with her ability to bear children, especially sons. A woman who is unable to conceive a baby faces social stigma, shame and discrimination as fertility is highly valued and seen as central to a woman's role and identity. Infertility is sometimes linked to supernatural causes, and women may be encouraged or

forced to seek traditional healers, spiritual rituals or medicinal plants to restore fertility.

For years Leila had been the subject of ridicule due to her infertility.

When pressured to seek alternative spiritual answers, she refused to give in. Leila had found Christ and was actively involved in the prayer group started by TWR Women of Hope. But she had a huge problem. Her husband had given in to cultural pressure and was advised to follow what was regarded as the norm in solving this issue. Leila was to be abandoned, and a new wife was already waiting in the wings.

When the Women of Hope national coordinator and her team visited Leila's prayer group, everything began to change. During a dramatization of the biblical story of Hagar, she saw her own heart mirrored not in the

servant girl Hagar but in Abraham's wife, Sarah – facing loss, confusion and helplessness. Surrounded by the compassionate fellowship of her group, she shared her pain. Together, they prayed with faith and intensity. Where she expected only loss, God brought her something precious: her own child.

Leila now holds her own baby, a living symbol of hope and restoration and a testimony that reaches far into her village and neighboring areas. Reflecting the words of Hagar, "You are the God who sees me," God saw Leila and shone his light into her darkness.

– Brigitte Ouendo and Sphiwe Nxumalo-Ngwenya, Women of Hope national coordinator for Benin and regional coordinator for Africa, respectively



# 2025

### NOVEMBER

Lifting up women of West and Central Africa in prayer

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Equipping women

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What the heart meant to say from Director Susie Pek

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Hope & healing in Jesus for women

## November

1. Holy Father, reveal yourself to the peoples of **West and Central Africa**. May they respond with godly repentance and seek to know and follow you! (Rev. 22:17)
2. Lord, transform the hearts of those in **Benin** who are forcing women who want to follow Christ to instead worship idols. Protect these women. (1 John 5:21)
3. You alone change hearts and communities, God. Raise up wise leaders to boldly challenge and change harmful customs and practices that limit women in **Burkina Faso**. (Gal. 3:28)
4. Capture the hearts and minds of young people in the **Central African Republic**. Father, set them free from sexual immorality and the cultural depravity surrounding them. (1 Cor. 6:18)
5. Lord, be the place of safety for women in **Côte d'Ivoire**, shielding them from domestic violence, sexual assault and discrimination. (Ps. 32:7)
6. Bring revival to the unreached peoples of **Gabon**, including the Pygmy communities and those of the Islamic faith. Lord, come into their hearts with power. (Eph. 1:18)

7. God, please provide opportunities, resources and breakthroughs for women in **Ghana** to gain financial stability and break cycles of poverty. (Phil. 4:19)
8. Lord, may women in **Liberia** suffering from physical and mental abuse be set free from the cycles of violence, fear and emotional trauma. (Ps. 34:18)
9. Bring your peace and healing to all affected by war and unrest in our **Mali** communities, Father. Calm troubled hearts and restore harmony and hope. (John 14:27)
10. Lord, bring healing to girls in **Mauritania** suffering from female genital mutilation, forced feeding and early marriage. Please intervene so that these practices will end. (Ps. 9:9)
11. Father, be the shelter and protector of women in **Niger**, shielding them from violence and harm. May your presence keep them safe and bring them peace. (Ps. 46:5)
12. Marital crisis among believers is increasing in **Nigeria**. Father, help husbands and wives to love and respect one another. (Eph 5:21-28)
13. May the upcoming elections in **West Africa** take place in peace, Lord. Guide them to elect righteous and just leaders. (2 Chron. 7:14)
14. Father, give courage, grace and strength to



## Calling all U.S. intercessors!

Please let us know how you're using the prayer calendar by taking a short survey at the link below!

[twwomenofhope.org/prayersurvey](http://twwomenofhope.org/prayersurvey)

- Christian women in **Benin** who are persecuted by their families and husbands for their faith. (Rom. 8:35)
15. God, give creativity and initiative to women in the **Central African Republic** to launch and sustain income-generating activities to lead them out of poverty. (Isa. 43:19)
  16. Instruct and strengthen women in **Côte d'Ivoire**, Lord, as you guide them in how to live out their roles as mothers, wives and active members of society. (Ps. 32:8)
  17. God, silence Satan's lies, which are aimed at deceiving, confusing and dividing your people in **Gabon**. Give your church victory in Jesus' name. (Isa. 54:17)
  18. May women in **Ghana** find strength in you, Lord, for their discouraged hearts. Renew their hope and inspire them to courageously rise above the challenges they face. (Ps. 31:24)
  19. Father, transform the hearts of those who misuse religion and authority to control, shame and exploit women in **Liberia**. (Ps. 51:10)
  20. God of wisdom, pour out your understanding and grace upon pastors and mentors in

- Mali**. Guide them to lead with humility, patience and love. (James 1:5)
21. Lord, please provide food, clean water and safe shelter for women and their families in **Niger**. Let your abundance overflow in their lives. (Matt. 6:11)
  22. Lord, strengthen the **Nigerian** TWR Women of Hope prayer group in Ebonyi state. May the women they impact come to Christ and grow to maturity. (Matt: 5:16)
  23. Father, set free and give voice to women in **Benin** who have been silenced through violence and sexual abuse. (John 16:33)
  24. May our team in the **Central African Republic** reach and minister hope and healing in Jesus to abused and mistreated women in the hinterland. (Ps. 82:3)
  25. God, bring physical and mental healing to women in rural areas of **Côte d'Ivoire**. May they have access to health care, especially during pregnancy and motherhood. (Jer. 17:14)
  26. Bring healing to widows, orphans and the sick in **Gabon**. Lord, may the church love and care for these. (Jer. 30:17)

### OUR VISION

Bringing hope and healing in Jesus to women around the world and across generations

27. Lord, give courage to **Liberian** leaders to challenge traditions and systems that promote gender-based harm such as fistula and female genital mutilation. (Eph. 6:10)

28. Compassionate Savior, comfort widows, single mothers and caregivers in **Mali** burdened by loss and responsibilities. Provide for them tenderly and draw them close to your heart. (Matt. 5:4)

29. The *Women of Hope* program is now in **Nigerian** Pidgin English! May the lives of women listeners be transformed as they come to know you. (Acts 19:20)

30. Lord, help women in **Côte d'Ivoire** realize their potential by taking leadership roles in their communities and country and by promoting peace, justice and development for all. (Mic. 6:8)

## December

1. As single mothers and rural women of **Mongolia** struggle financially, God, may they be equipped with resources, training and dignified work to support their families with hope. (Prov. 31:17)

2. Lord, bring healing, comfort and strength to women in **Niger** suffering from inadequate medical care, especially in maternal and reproductive health. (Mark 5:34)

3. Father, please equip churches in **Uruguay** to support and provide spiritual guidance to vulnerable migrant women there. May your love be reflected through your people. (1 John 3:17-18)

4. Father, may every parent in **Tanzania** dream of and see the fruition of the educational development of their daughters. (Prov. 18:15)

5. Lord, help women in **Romania** to discover their value and identity in you. Then they will be able to live with dignity as they seek to fulfill your will. (2 Cor. 5:17)

6. In **South Korea**, 64% of women over age 20 desire to be married. God, may churches offer premarital programs to help couples prepare for marriage. (Gen. 2:24)

7. Lord, may legislation be passed that will grant opportunities for women in **Nigeria** to occupy key decision-making positions in all levels of government. (Isa. 22:22)

8. God, may the barriers of child marriage and cultural stigma be removed so that girls in **Mauritania** may attend school, gain wisdom and skills, and find hope for their future. (Prov. 1:5)

9. Bring healing, Father, to young girls in the **Netherlands** who struggle with negative self-images and suffer from eating disorders. Open their eyes to their value in you. (Isa. 43:4)

10. Father, we pray for safe, fair and meaningful employment for women in **China**. May wage gaps close, discrimination end, and talents be fully valued and rewarded. (Prov. 16:3)

11. God, may the mature Christian women in the **Dominican Republic** purposefully teach younger women to meditate on your

# Touching women's souls in Senegal

Nestled at Africa's westernmost point and touched by the Atlantic Ocean, Senegal is a land rich in culture and spirit. Its capital, Dakar, sits on the Cap-Vert peninsula, the continent's westernmost tip. Covering nearly 197,000 square kilometers (about 76,000 square miles), Senegal is home to about 18.9 million people in 2025. Known for its vibrant traditions and peaceful coexistence of Muslim, Christian and Indigenous cultures, Senegal stands out for its stability and national symbols like the baobab tree and lion, representing strength and resilience.

Within this diverse country, Senegalese women face ongoing challenges. Girls in Senegal face significant issues that hinder their futures. Female genital mutilation (FGM) and gender-based violence remain prevalent and pose serious risks to girls' health and welfare.

According to UNICEF, Senegal is home to 1.8 million child brides; one in three young women were married before they turned 18. Of these young brides, 422,200 girls were married before the age of 15. They also report that nearly 2 million girls and women have undergone FGM. Overall, 25% of girls and women have undergone this practice.

Senegal's Christian minority – around 3.6% of the population, or about 700,000 people – shares in these challenges. Even in a generally tolerant society, Christian women can face pressures limiting open expression of their faith and full participation in their communities.

TWR Women of Hope supports the women of Senegal through prayer groups that build spiritual strength and community. Wanting to reach the next generation with the hope and healing of Jesus, our leaders are creatively engaging younger women as well. These prayer groups are safe spaces for women of all ages to receive spiritual and emotional encouragement amid life's hardships, such as abuse and poverty. Through the TWR Women of Hope ministry and prayer communities, they can cling to the knowledge that they are not alone.

While worldly systems may fail to change their living situations, the Word of God, spread through our TWR Women of Hope initiatives, offers eternal transformation. In Christ, they find hope, love and guidance to deal with daily challenges and, most importantly, they find eternal life and relationship with their Creator.

By **Cisse Leaman Zeinab** (*Senegal National Coordinator*)  
& **Sphiwe Nxumalo-Ngwenya** (*Africa Regional Coordinator*)

JOIN US FOR  
OUR VIRTUAL  
prayer  
gathering

NOV 6

Lisa Hall, The Weary Heart

DEC 4

Praise & Thanksgiving for 2025

Sign up at [twrwomenofhope.org/events](https://twrwomenofhope.org/events)



Word as the source of their hope and faith. (Josh. 1:8)

**12.** Gender gaps for women in **Japan** exist in politics, economics, education and health. May people receive the gospel and adopt biblical values so that discrimination will cease. (Prov. 2:6-10)

**13.** Father, thank you for the community and fellowship found in **Mali's** listening groups. Bless and strengthen these gatherings as places of encouragement, support and spiritual growth. (Matt. 18:20)

**14.** Thank you, Lord, that women in **Finland** have educational freedom and many economic opportunities. Lord, let this happen in countries where women do not have these rights. (Ps. 143:1)

**15.** Lord, may strategic alliances and agreements be created by companies and institutions to create jobs for women in **Paraguay**. (Ps. 90:17)

**16.** May women in **Eswatini** use their spiritual gifts to support and uplift each other. God, may they encourage each other and bear one another's burdens. (Gal. 6:2)

**17.** Father, may women facing economic hardship in **Niger** find purposeful work and financial stability. Multiply their resources to sustain themselves and their families. (Deut. 28:12)

**18.** Lord, affirm the worth and identity of each woman in **Ghana** as created in your image, empowering her to overcome societal limitations. (Gen. 1:27)

**19.** We pray for illiterate girls in the **Central African Republic** who do not want to go to school. God, open their eyes to see a better future for themselves. (Eccles. 7:12)

**20.** Open the doors, Lord, for women in **Côte d'Ivoire** to access quality education and equal professional opportunities so they can reach their full potential. (Prov. 4:7)

**21.** God, grant every woman in **China** access to excellent

health care. Protect mothers and daughters from harm, and bless their bodies, minds and families with health. (3 John 1:2)

**22.** Lord, may women in the **North Caucasus** find their worth in your eyes, grow in healthy self-esteem and courageously live with truth and dignity. (Prov. 31:25)

**23.** Father, thank you for the microcredit, training and entrepreneurship initiatives that enable women in **Burkina Faso** to support their families. (Col. 3:23-24)

**24.** God, grow the faith and understanding of the women who are studying the Bible and learning other life skills through our team members in **Albania**. (Eph. 3:16-19)

**25.** Lord, give creative ideas and strategies for the vocational training of intercessors in **Zanzibar** and **Pemba**, enabling them to create income for their basic needs. (Prov. 2:6)

**26.** We look to you, Lord, to heal women in **Benin** from their trauma and low self-esteem resulting from wounds and injustices

inflicted by their parents and husbands. (Ps. 139:14)

**27.** Father, may Christian women on **Bonaire** offer one another godly life-giving friendship that provides the safe community women need. (Eccles. 4:9-10)

**28.** Father, please inspire those in authority in northern **Nigeria** to create adult educational centers and job opportunities that will benefit women. (Phil. 4:3)

**29.** As women in **Japan** struggle to care for family, the home and work, may they find hope and joy in Jesus and flourish in every area of their lives. (Rom.15:13)

**30.** Rural women in **Mongolia** often lack education. God, we pray for opportunities for them to grow in knowledge, literacy and confidence to lead in their communities and churches. (Prov. 19:20)

**31.** **South Korea's** wage gap is largely due to interruptions in a woman's career after marriage and low representation in corporate leadership positions. May these issues be reformed. (Deut. 25:15)



## What the heart meant to say

*“The mouth  
speaks what the  
heart is full of.”*

– LUKE 6:45

If you’re anything like me, you cherish a good conversation. Let’s be honest: There’s nothing quite like connecting with people we hold dear – those who are fun, thoughtful and insightful. Some conversations have the power to completely transform our day. And even when we can’t speak face-to-face – whether through video calls or phone chats – those ongoing exchanges via text or voice messages can be just as meaningful.

But there’s something about conversations that has always intrigued me. Sometimes, a chat that begins beautifully can take a wrong turn with just a few careless words. Words carry weight. It doesn’t take much to offend, betray, insult or even damage someone’s reputation. “The tongue has the power of life and death, and those who love it will eat its fruit.” This verse from Proverbs is a powerful reminder – especially for those of us who love words.

It’s sobering to realize how much harm can be done with so little. But, thankfully, there’s another side to this story. Our words also have the power to comfort, defend, encourage and build up. They can

spread hope and preserve peace. What a relief to know that the tongue doesn’t always wound – it can also be a fountain of life. Scripture reminds us again and again: The way we use our words can bring healing or hurt.

This double-edged nature of speech leads me to a question: “If you had to eat your words, would they nourish your soul – or poison it?” I think it’s fair to say it depends on the day. When our hearts are light, our words tend to be full of life and encouragement. But when we’re burdened or frustrated, our speech may turn sharp and hurtful.

James 3 confronts us with a powerful truth: We can tame wild animals but not the tongue. “All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, but no human being can tame the tongue. It is a restless evil, full of deadly poison. With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God’s likeness. Out of the same mouth come praise and cursing. My brothers and sisters, this should not be. Can both fresh water and salt water flow from the same spring?”

Taming the tongue is a daily battle for every one of us. And if we truly want to fight the good fight, we must remember: The root of this struggle isn’t in the mouth; it’s in the heart. “The mouth speaks what the heart is full of,” says Luke 6:45. Our words reflect our inner world. So, what do your words reveal about your heart? Are they overflowing with grace, or do they expose hidden bitterness, impatience or pride?

May I encourage you to pray once again, this time the words of Psalm 139:23-24, “Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me and lead me in the way everlasting.”

I love the idea that our words can bring healing. And I truly believe they can make beautiful gifts – especially during Thanksgiving and Christmas – as we spread hope through texts, voice messages, handwritten cards and more. Let’s be creative. Let’s speak life. Let’s touch hearts. And let the words of our mouths and the meditation of our hearts be pleasing to the Lord, our God.

Thank you so much for another amazing year together.





## Roommates.

As you read that word, you may be smiling or grimacing as you recall some of your past living situations. Some roommates become the best of friends, while others rarely speak and simply share the same space.

But dwelling with God is different. Our Father longs for a real, vulnerable, intimate relationship with us in which he can play a vital part in every area of our lives.

There are so many truths within the Christian life that are both mysterious and wonderful. One of those truths for me is that God's Spirit dwells within us and that we dwell "in Christ" in the heavenly realms (Eph. 2:6).

Isn't that amazing! The God of the universe has invited us into this most intimate and holy relationship with him. Yet, in order for this reality to be ours, we must actually both believe this and live it out.

Because we are "in Christ," having access to everything that Jesus' blood purchased for us, we have all that we need to live a godly life (2 Pet. 1:3). When we embrace living "in Christ," we are acting on the truth that God lives us in and we live in him. Jesus describes this life in John 15 as "abiding in him."

As we abide in the Father, Son and Spirit, we can access God's power to live a godly life and actually see his characteristics begin to develop in us. As we draw near to him, surrendering and purposefully choosing him and his ways, God's power can mold, shape and mature us to be transformed into his image.

The abiding heart is one that is living in God, watching for him, listening to him and living in obedience to his ways. When we

abide in God, everything in our lives is viewed through the perspective that we dwell in him and he dwells in us.

Friends, let's ask ourselves, "Are our hearts abiding in God?" and "What difference does it make in our everyday lives knowing that we dwell together with God?"

Recently someone shared with me that they begin each day by saying, "God is here." It is a simple but profound declaration that God's presence is always with us. I had to face two consequences of believing this truth.

First, if "God is here," then God is present with me every time I sin. I suddenly saw how offensive my sin was to a holy God. God often talks about our relationship with him in terms of a marriage covenant, and he equates our idolatry as unfaithfulness to him. It broke my heart to realize that when I allow other people or things to take God's rightful place as the first love of my life, I am in essence committing adultery right in front of him. That is a sobering thought.

*"And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus."*

– EPH. 2:6

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But understanding God's presence with me has also bolstered my faith. I've learned to understand that the promises and truth that I read in Scripture are spoken to me from the heart of God, who is right by my side. God is not some faraway father. His presence and power are with us, calling out for us to engage with him. Once we realize that God is always present, does it change the way we think or act?

As we embrace truly abiding with the Father, being "in Christ" and being united with his Spirit, we can discover the abundant life that God offers those who dwell with him. Can we embrace this truth and ask God to develop in us hearts that truly abide with him?